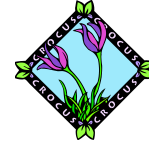




VAPT enote



February 2011



Dear VAPT Playmates,

Even though it is still winter, we are looking towards spring and the 8th annual VAPT Winter Workshop. Our workshop will be held a few days into spring this year, (it is a long story...) on Friday March 25th in Virginia Beach. Please spread the word and plan to join us!

APT PRESIDENT, Mary Anne Peabody, will be our presenter! The content of the workshop is **useful working with ALL children dealing with family separations**-whether due to divorce, employment, death or military deployments.

1. VAPT 8th Annual Winter-ish Workshop



Purple Crayons: Child and Play Therapy for Military-Connected Children

Friday, March 25, 2011
9:00 am to 4:30 pm
Library Building – Auditorium
Regent University
Virginia Beach, Virginia
6 CEU's*

Presenter
Mary Anne Peabody, LCSW, RPT-S
President and Chair of the Association for Play Therapy

Visit the workshop website at
<http://vapt.cisat.jmu.edu/purplecrayons/index.html>

Sponsored by the Virginia Association for Play Therapy and the Institute for Continuing Education with support from the James Madison University Department of Graduate Psychology and the Regent University Counseling and Psychology Department and Chi Sigma Iota.

*The Institute for Continuing Education is approved by the Association for Play Therapy to offer continuing education specific to play therapy. The Institute for Continuing Education maintains responsibility for the program. Provider No. 98-040.
See <http://vapt.cisat.jmu.edu/purplecrayons/ce.html>

Workshop Description and Objectives

Purple Crayons:

Child and Play Therapy with Military-Connected Children

Working with children experiencing military transitions is a welcomed opportunity. These families experience tremendous strength as they navigate on-going change, continuous coping and uncertainty. This workshop will use the context of the therapeutic powers of play to explore the culture of the military through the eyes of the young child. Using an Adlerian child therapy theoretical approach to working with young children and their families, we will explore both directive and non-directive strategies of supporting these children. The [Same Sky Sharing](#) curriculum, a program for children with a family member deployed, will be briefly introduced as a potential small group play-based format.

Objectives

Following the workshop, participants will be able to:

1. Describe characteristics of both the culture of childhood and the culture of military family life as it relates to child and play therapy.
2. Describe stressors across different developmental stages unique to military connected children.
3. Develop an understanding of the four phases of Adlerian child and play therapy including using play to build and explore the client relationship, make interpretations, and teach new skills.
4. Describe a play based small group curriculum program for military connected children.

Meet the Presenter



Purple Crayons: Child and Play Therapy with Military-Connected Children

Mary Anne Peabody, LCSW, RPT-S
President/Chair of the Association for Play Therapy

Mary Anne is a licensed clinical social worker, a registered play therapist-supervisor, and a certified K-12 school counselor for the state of Maine, where she practiced in a naval community for many years. She is currently serving as the Chair-President of the Association for Play Therapy and has been a state branch president twice, as well as serving on several APT committees. Currently, she is Deputy Director of National Services at Children's Institute which is affiliated with the University of Rochester in New York. In this capacity she travels across the country, training and consulting with the evidenced based play program Primary Project. She has co-authored chapters in the *School Based Play Therapy*

text and in *Blending Play Therapy with Cognitive Play Therapy* edited by Athena Drewes. She continues to provide clinical supervision to play therapists and school-based mental health professionals, and is the author of several therapeutic board games. Mary Anne's research interests are in prevention, self-efficacy of play therapists, supervision, and the impact of military transitions for children and their families.



2. Play Therapy for Separation Issues

While dealing with deployment may be one type of separation children face, play therapy can help with a variety of different types of separations.

Separation due to Divorce

Liana Lowenstein wrote a wonderful article for Play Therapy in June of 2009 that provides ideas and interventions for children facing a parental divorce.

The article is available at <http://www.a4pt.org/download.cfm?ID=28112>

Separation due to Parental Incarceration

The Ohio Department of Rehabilitation and Correction provides a free Best Practices Toolkit for working with incarcerated parents and their children that highlights articles on best practices interventions – including one by Gary Landreth using Filial Play Therapy.

To access the toolkit visit <https://kb.osu.edu/dspace/bitstream/handle/1811/32498/Toolkit%20Incarcerated%20Parents%20and%20Parenting%20Programs.pdf;jsessionid=DBCEBC16D6F91B5673FD53F2FF881232?sequence=1>

Separation and Bereavement

Play Therapist Helen Benedict wrote a mining report for APT in August of 2008 to address the latest research on the bereavement process in play therapy.

You can view the mining report online at <http://www.a4pt.org/download.cfm?ID=26242>

3. Chinese New Year

Happy New Year! This month marks the beginning of the year of the rabbit on the Chinese lunar calendar. Those born during the year of the rabbit are described by the website <http://www.123chinesenewyear.com> as “affectionate, gentle, serene and family oriented beings. Rabbits are slightly introverted and hate being the centre of attractions. Rather they prefer being behind-the-scenes. They take pleasure in trivial good things of life. Fundamentally, peace-makers, rabbits have lots of friends and are extremely humble and modest”



To view more information and some fun family crafts for Chinese New Year visit:

http://crafts.kaboose.com/holidays/chinese_new_year.html

4. Great Resource for Parents with Young Children

The Center on the Social and Emotional Foundations for Early Learning (CSEFEL) has published a new Family Tool to help family members and caregivers understand what self-help skills can be

expected from young children and to provide tips for helping children learn how to become more independent with daily routines. It is available online at http://csefel.vanderbilt.edu/documents/teaching_routines.pdf

5. Upcoming Conferences

If you are unable to join us for the VAPT Winter-ish Workshop, here are some other trainings to consider. Be sure to regularly check www.a4pt.org to get details on all sponsored trainings occurring each month in the state.

Conversations on Attachment: Integrating the Science of Love and Spirituality

March 31 – April 1

Eastern Mennonite University

Harrisonburg, VA

12 CEU's

For more information or to register go to: www.emu.edu/attachment

VAPT NOVA Chapter

Play Therapy: Understanding Symbols, Facilitating Meaning

Presenter: **Dr. Dee Preston-Dillon**

3.0 hour training

When: March 25, 2011

Where: Fairfax City Regional Library, Room A& B

10360 North Street, Fairfax, VA 22030

Time: 11:30 -11:45am Meet and Greet/Registration

11:45 – 12:00pm Welcome and Brief Meeting

12:00pm – 3:00pm Training

Please RSVP to Liz Fong at contacteliteprogram@gmail.com to register. Feel free to bring a colleague and lunch. The cost of the training is \$60.00. Checks made payable to VAPT.

Sponsored by the Virginia Association for Play Therapy and the Institute for Continuing Education with support from the James Madison University Department of Graduate Psychology. APT Approved Provider No. 98-040

Visit the Association for Play Therapy website at <http://www.a4pt.org> for more information on this training.

6. Private Practice Opportunity

VAPT member Suzanne Sanford is looking for an additional licensed therapist interested in or with a background in play therapy to work in her private practice. Please contact her if you are interested!

Suzanne Sanford, LPC, Play Therapy Works, Inc. , Office 434-836-8724 FAX 434-836-8725

www.playtherapyworks.net

We are looking forward to seeing you in Virginia Beach!



Playfully,
Anne and Jessica

Join us on the VAPT facebook group page
VAPT website <http://vapt.cisat.jmu.edu>