



VAPT enote MAY 2012

Dear VAPT Playmate,
VAPT will hold its 16th Annual COME PLAY WITH US!! Conference on June 18th and 19th, 2012 at James Madison University in Harrisonburg, Virginia. **This is the only training in the mid-Atlantic for Bonnie!** We will offer our usual applications for CE from NBCC, APA, NASW and, of course, APT.

PLEASE share information about our conference widely—we need substantial funding to conduct this conference and almost all our revenue is from conference fees. The **Self Esteem Shop** will be onsite with great items to equip your play room!

The conference fee is \$160 for TWO days of training and the Marriott retained a conference rate of \$79.00 for us. Register soon!

I look forward to seeing you soon.

Playfully,
Anne

Brain Development During Childhood and Adolescence



Read and print out an informative NIMH fact sheet that describes the past, present and future of research on child and teen brain development.

<http://www.nimh.nih.gov/health/publications/brain-development-during-childhood-and-adolescence/index.shtml>

Being Creative When Children Clam Up



David A. Crenshaw, Ph.D., ABPP

Family and play therapist, Linda Lowenstein, has posted informative articles on a variety of topics at her website. David Crenshaw contributed a great article with some techniques to use when children are not responsive in the therapy session. Read his ideas at

http://www.lianalowenstein.com/artcile_crenshaw.pdf

Learn more Play Therapy ...at home

The Association for Play Therapy (APT) has numerous opportunities for distance CE via



audio courses



book/DVD tests



journal tests

Visit the webpage below and explore the options to learn in your pajamas.

<http://www.a4pt.org/ps.training.cfm?ID=1638>

VAPT Chapter News

The chapters are quickly becoming play therapy hubs around the state. Some are offering continuing education credit with their monthly meetings. GREAT work!!!

Below is a list of our VAPT Chapter areas and their Chapter Chairperson. If you have not heard from your Chapter Chair, feel free to send them an email and let them know if you can help start a series of meetings for child and family therapists in your area.

Roanoke VAPT

Chairperson Stephanie Pratola

pratola@pratola.com

Forest VAPT

Chairperson Norma White

norma.white@couplesandkids.com

Central Virginia VAPT

Chairperson Amy Kale Fraitcs

play@mail.planetcomm.net

Northern Virginia VAPT

Chairperson Cathi Spooner and Sheri Mitschelen

cathispooner@hotmail.com

shmitsch@verizon.net

Tidewater VAPT

Chairperson Kathrin Hartmann

hartmak@evms.edu

Richmond VAPT

Chairperson Jan Williamson

jwilliamson@mindspring.com

Winchester

Carmela Crawford

ccrawford.paw@comcast.net

Southwest VAPT

Sydney Peltier

speltier@highlandscsb.org

Join the APT LEADERSHIP ACADEMY

You are invited to enroll in the 2012-2013 class of the APT Leadership Academy. Read about the LA and complete the application on the APT website at www.a4pt.org

The APT site notes:

“The Leadership Academy was established in 2004 as an orientation about leadership attributes, the Policy Governance© Model, and how APT conducts its daily business with members.”

VAPT will reimburse your registration fee! Let me know if you have questions or decide to have this fun! The 2011, 2010 and 2009 Virginia Leadership Academy Class Members are listed below. You may contact them to learn about the benefits of participating. Congratulations!

2012

Katie Masey, LPC
Lexington, VA

2011

- Christen Pendleton, LPC
Harrisonburg, VA
- Kathleen Levingston, PhD, LPC, RPT-S
Norfolk, VA

2010

- Chitra Iyer
Harrisonburg, VA

2009

- Sheri Mitschelen, LCSW, RPT-S
Fairfax, VA
- Catherine Spooner, LCSW
Gainesville, VA
- Jessica Umhoefer, NCSP
Harrisonburg, VA

Email and post announcements for our the VAPT

16th Annual Virginia Association Play Therapy Conference
**Becoming a Brain-Wise Therapist: Using Play Therapy and Expressive Arts
Across the Lifespan**

Playfully,
Anne



16th Annual Virginia Association Play Therapy Conference
**Becoming a Brain-Wise Therapist:
Using Play Therapy and Expressive Arts
Across the Lifespan**

Presented by
Bonnie Badenoch, PhD, LMFT

A two-day workshop - Monday, June 18 and Tuesday, June 19th, 2012
(Attend both days)
9:00 am to 4:30 pm
James Madison University
Festival Conference & Student Center
1301 Carrier Drive
Harrisonburg, Virginia 22807

We are pleased to offer this two-day workshop full of learning, practice and case studies with Bonnie Badenoch, Ph.D., LMFT. Dr. Badenoch is an in-the-trenches therapist, supervisor, teacher, and author who has spent the last seven years integrating the discoveries of neuroscience into the art of therapy. She co-founded the nonprofit agency, *Nurturing the Heart with the Brain in Mind*, in Portland, Oregon and was founder and former executive director of *Center for Hope and Healing* in Irvine, California for 17 years. Her work as a therapist has focused on helping trauma survivors and those with significant attachment wounds reshape their neural landscape to support a life of meaning and resilience. She has been a mentor/supervisor of couple and family therapist interns for two decades. Bonnie currently teaches at Portland State University in the Interpersonal Neurobiology certificate program, and speaks internationally about applying Dr. Dan Siegel's IPNB principles. She is author of *Being a Brain-Wise Therapist: A Practical Guide to Interpersonal Neurobiology* and *The Brain-Savvy Therapist's Workbook*. Go to <http://vapt.cisat.jmu.edu/> for more information and to register.

VAPT, APT, and VCA Members

\$160

VAPT, APT, and VCA Student Members

\$100

Non-members

\$180

Student Non-members

\$120