



April



2014

Dear VAPT members,

This enote spotlights information on the use of SAND TRAY!

Our 18th VAPT Come Play with Us!! Conference will feature a 2-day training on this popular intervention with Dr. Eric Green, Ph.D., LPC-S, RPT-S, Certified School Counselor, Sandplay Therapist Practitioner.

Building Sandcastles in the Sky: Integrative Sand Tray Therapy with Children & Families

Dr. Eric Green
June 13 and 14, 2014

Dr. Green is the founder of the Johns Hopkins summer institute in play therapy and is an Associate Professor in the Department of Counseling and Human Services at the University of North Texas at Dallas.

He has more than 50 professional publications related to children's mental health, Eric and Athena Drewes published "Integrating Expressive Arts into Play Therapy with Children" (John Wiley, 2013). Eric's second book, "The Handbook of Jungian Play Therapy" (Johns Hopkins University Press) will be released in summer 2014.

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18th Annual VAPT Conference
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HARRISONBURG, VIRGINIA
Building Sandcastles in the Sky: Integrative Sand Tray Therapy with Children & Families
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For more information visit:
<http://vapt.cisat.jmu.edu/summerconference14/>
12 CE for APT, NBCC, NASW, APA. APT Approved Provider #01-109

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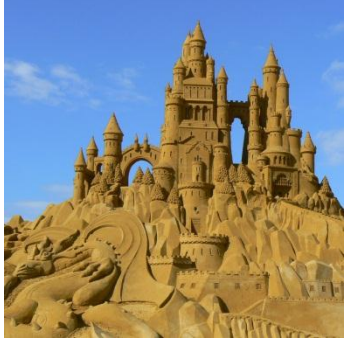


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REGISTER at
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INFORMATION and EVIDENCE BASE for SAND TRAY and SANDPLAY

There are many excellent resources describing the rationale and techniques for sand tray and sandplay interventions. Eric Green, Lois Carey, Gisela DeDominico all offer wonderful books, chapters, and trainings about sand tray and sandplay work. Linda Homeyer and Dan Sweeney's book *Sandtray: A Practical Manual 2nd Edition, 2010*, available from the Self Esteem Shop, is an excellent atheoretical resource.



A few interesting articles are shared here regarding the research base for the use of sand tray therapy. Research conducted by Flahive and Ray (2007) showed a significant effect for the use of group sandplay as an effective treatment intervention for preadolescents with behavior problems. In another group treatment intervention, Shen and Armstrong (2008) reported that sandplay with seventh-grade girls improved self-esteem in areas of academic competence, physical appearance, and global self-worth.

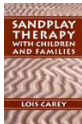
Flahive, M. W. & Ray, D.C. (2007). Effect of group sandtray with preadolescents. *Journal for Specialists in Group Work* 32:362–82.

Shen, Y. & Armstrong, S. (2008). Impact of group sandtray therapy on the self-esteem of young adolescent girls. *Journal for Specialists in Group Work* 33:118–37.

Additional resources:

Campbell, M. (2004). Value of Sandplay as a Therapeutic Tool for School Guidance Counsellors. *Australian Journal of Guidance and Counselling* 14(2):211-232.

Kalff, D. (1991). *Journal of sand play therapy*, 1 (1) retrieved from:
http://www.sandplay.org/intro_to_sandplay_therapy.htm



Carey, L. (1999). *Sandplay: Therapy with children and families*. New York, NY: Jason Aronson.

Why Use Sand Tray? a brief and informative write up by Linda Homeyer and Dan Sweeney, can be viewed at
<http://www3.d93.k12.id.us/media/136321/the%20benefits%20of%20sandtray%20therapy.pdf>

Sandplay as a Therapeutic Tool for School Guidance Counsellors, by Gross and Campbell, can be viewed at
<http://eprints.qut.edu.au/1942/1/1942.pdf>

VAPT = Gold Branch!



Congratulations! You continue to be a member of an award-winning **GOLD BRANCH** APT chapter!

Thanks to our terrific members and chapter chairs, VAPT was able to increase its membership to 233 fabulous members and offer 37.5 hours of continuing education.

In addition, **VAPT was tops in the nation** in the number of communications to members and the number of public outreach promotions!

VA, KS, NY distributed **13, 11, 10** member communications respectively!

VA, MI, GA and WA sponsored **14, 9, 8 and 8** public outreach promotions respectively!

VAPT Member Appreciation Prizes!!

To celebrate the loyalty of our current members and to revel to addition of our new members, VAPT conducted a drawing to **give away two summer conference registrations.**

Persons who were VAPT members on March 31 were entered in a **current members drawing** and any person who joined during the 2013-14 membership year (April 1, 2013 to March 31, 2014) was entered into a **new members drawing.**



Drum roll !

Our winners are:

Make new friends winner

Kawanna Ward, LCSW

Providence Psychological Services, Inc.

Gainesville

Keep the old winner

Heather Moul, LCSW

Phoenix Family Counseling and Play Therapy Center
Loyal VAPT member since 2009!!

Suffolk

Additional Resources for Sand Tray and Sandplay

Sandplay Therapists of America

<http://www.sandplay.org/index.htm>

The Sandplay Therapists of America is a non-profit professional organization, whose purpose is to promote education, training and research in sandplay therapy.

Conversations in the Sand

http://repository.upenn.edu/cgi/viewcontent.cgi?article=1026&context=edissertations_sp2

This document is a doctoral dissertation about the history of sandplay and suggestions for incorporating it into training programs.

Warr-Williams, J. E., (2012). *Conversations in the sand: Advanced sandplay therapy training curriculum for masters level clinicians.* Doctorate in Social Work (DSW) Dissertations. Paper 25.

Sandplay Therapy

<http://www.barbaraturner.org/Sandplay.html>

This page is part of Barbara Turner's extensive site on her approach to training in Jungian sandplay therapy.

Child Therapy Toys

<http://www.childtherapytoys.com/store/page497.html>

A commercial site with a large variety of sand trays and miniatures.



Self Esteem Shop

<http://www.selfesteemshop.com/products.php?and=1&keywords=sand+tray>

Web-based store (and will be ON-SITE at our VAPT summer conference!) with a large variety of books and miniatures to support your work in sand tray.

Toys of the Trade

<http://www.toysofthetrade.com/>

A web-based store with a large variety of miniatures.

Ron's Trays

<http://www.sandtrays.com/>

A site with excellent, high-quality trays and accessories.

Jurassic Sand

<http://www.jurassicsand.com/>

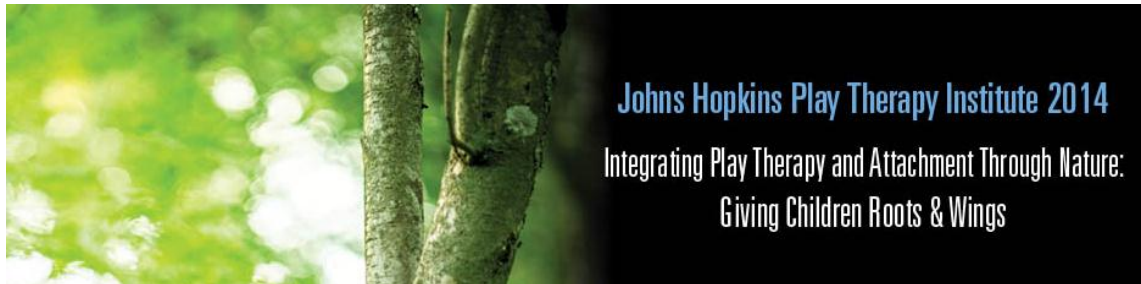
A store that sells great sand in great colors.

Sandplay Voices

<http://sandplayvoices.blogspot.com/>

Dee Preston-Dillon's new organization with trainings for techniques and self-care for clinicians.

More Great Summer Trainings



Integrating Play Therapy and Attachment through Nature:
Giving Children Roots and Wings

Saturday, July 12, 2014
8:30 a.m. - 4:30 p.m.
Montgomery County Campus
Rockville, MD

Anne Stewart, PhD, RPT-S - Featured Presenter

Eric Green, PhD, RPT-S - Keynote

Learn more and register at <http://education.jhu.edu/playtherapy>



Assessment of Sexual Behavior Problems in Children
May 3-4, 2014

Dr. Jennifer Shaw

Learn more at http://www.elianagil.com/starbright_inst.php

VAPT CHAPTERS

Are you looking for ways to find out more about play therapy and connect with play therapists in your area? VAPT has regional chapters around Virginia to bring play therapy resources and networking opportunities to your area. All our VAPT sponsored trainings that award CE's are posted on the national APT site--look under the APT education and training directory for finding play therapy training and select Virginia! Be sure to look at great trainings in Maryland and North Carolina, too! See <http://www.a4pt.org/events.cfm>

Contact your local Chapter Chair to find out more about what's happening in your area and around the state.

Chapters and Chapter Chairs

Central Virginia VAPT Chairperson George Enfield gfield@gmail.com

Harrisonburg VAPT - Chairpersons Anne Stewart and Debbie Sturm sturmdc@jmu.edu

Forest VAPT Chairperson Norma White norma.white@coupleandkids.com

Fairfax VAPT Chairperson Sheri Mitschelen shmitsch@verizon.net

Gainesville VAPT Chairperson Cathi Spooner cspooner@phoenixfamilycounseling.com

Richmond VAPT Chairperson Jan Williamson jlwilliamson@mindspring.com

Roanoke VAPT Chairperson Roanoke VAPT Chairperson Jennifer Thomas and Kim Botetourt
playtherapy@verizon.net and kim@botetourtconsulting.com

Rockbridge Area VAPT Chairperson Katie Masey kmasey@racs.org

Staunton Chairperson Lisa Rochford lisa@connectedchild.info

Southwest VAPT Chairpersons Donna Callis and Teresa Viers

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Chairperson Sydney Peltier speltier@highlandscsb.org

Tidewater VAPT Chairpersons Debbie Balak and Holly Tracy

dbalak@cox.net and peacebypiece@cox.net

Playfully,

Anne

Visit our VAPT Website and LIKE the VAPT Facebook page.

Visit often for updates on trainings and resources, research, and fun!

Website -see <http://vapt.cisat.jmu.edu/>

FB -<http://www.facebook.com/pages/Virginia-Association-for-Play-Therapy/234395618441>