You are invited to register for the VAPT Winter Workshop!

Ethics and Legal Issues in Play Therapy

January 30, 2015
8:15 am to 4:00 pm

Nial Quinlan, PhD, NCC

The one-day workshop topic is Ethics and Legal Issues in Play Therapy, conducted by Dr. Nial Quinlan. Dr. Quinlan is a graduate of Old Dominion University and maintains a private practice working with a variety of presenting concerns. He has been an adjunct faculty member in the counseling graduate programs of Old Dominion University and The College of William and Mary where he has taught a variety of counseling courses including Ethics and the Law. Dr. Quinlan is fluent in Spanish and lived much of his childhood in Argentina, Mexico and Venezuela. Dr. Quinlan has conducted workshops in ethics and supervision for counselors, psychologists, play therapists and numerous mental health practitioners.

The winter workshop will be held Friday, January 30th at the Crowne Plaza Hotel in Richmond.

The workshop website is http://vaptconference.org
Using Attachment Constructs to Promote Growth and Exploration in Supervision

January 30, 2015
6:00 pm to 8:00 pm

Anne Stewart, PhD, RPT-S

A two hour supervision workshop will be held with Anne Stewart, Ph.D., RPT-S. Anne is a professor, author, and trainer of play therapists. She teaches, supervises, and conducts play therapy each week. Dr. Stewart has written and presented about crisis intervention, attachment, supervision, and resilience. She had the privilege of studying with attachment researcher, Mary Ainsworth, and is an active collaborator with the Virginia Child and Family Attachment Center. Dr. Stewart is the president of the Virginia Association for Play Therapy and Chair of the national Foundation for Play Therapy. She served on the Editorial Board for the International Journal of Play Therapy and is the recipient of the Association for Play Therapy's Distinguished Service Award and the State Council of Higher Education of Virginia’s Outstanding Faculty Award.

Here are description of the trainings!

Ethics and Legal Issues in Play Therapy

One Day Workshop with Dr. Nial Quinlan
January 30, 2015
8:15 am to 4:00 pm

Ethics is a particularly important topic for play therapists considering the type of clients that are primarily involved in play therapy – Children. Working with minors can raise a variety of ethical dilemmas in which adequate training must be provided to prepare the play therapist in their work. Principles such as do no harm, client competency, client impairment, informed consent, confidentiality, the use of technology, duty to warn are just a few common daily ethical situations that can pose dilemmas for play therapists. In addition, it is imperative that play therapists who conduct supervision and those supervisees who are in supervision consider the additional ethical considerations that these relationships pose in their work.

It is recommended that play therapists remain cognizant of the law and current guidelines for proper ethical decision making. This is best achieved through a tripartite prism of gaining knowledge, personal awareness and the acquisition of skills.

Play Therapists Best Practices created for the Association of Play Therapy emphasizes the importance of ethics and ethical consultation.

Learning Objectives

Participants will:

1. Identify unique ethical and legal considerations when using play therapy.
2. Demonstrate an understanding of ethical decision making when using play therapy.
3. Develop an understanding of how to resolve ethical dilemmas.
4. Understand unique ethical issues related to using technology in play therapy practice.
5. Understand ethical issues with regard to personal impairment and self-care when practicing play therapy.
6. Understand unique ethical issues related to doing play therapy supervision.
Using Attachment Constructs to Promote Growth and Exploration in Supervision

Dr. Anne Stewart, RPT-S
January 30, 2015
6:00 to 8:00 pm

Attachment theory and research offer compelling and rich explanations about the importance of the caregiver-child relationship to enhance security and exploration, both in childhood and across the lifespan. Complementing an attachment perspective are other dimensions of the supervisory relationship which parallel the fundamental characteristics of successful caregiver-child relationships. These include using a developmental perspective, conveying positive and clear expectations for performance and behavior, providing frequent and constructive feedback, recognizing the power differential and, most importantly, acknowledging the reciprocal and dynamic relationship as the focus.

In addition, models of supervision consistently recognize the importance of the supervisor using a culturally attuned perspective. The supervisor is expected to assess the supervisee’s level of knowledge and skills and provide information and challenges that are consistent with the supervisee’s developmental capabilities; recognizing that supervisees require different supervisory environments across time.

Learning Objectives

Participants will:

1. Describe the significance of attachment theory constructs (safe haven, secure base, exploratory behavior) for the supervisor-supervisee relationship
2. Engage in exercises to discern and reflect on the ways their previous attachment and care giving history is related to their supervisory beliefs and behaviors.
3. Begin to build collaborative relationships with other supervisors and trainers of play therapists.

Art Activities for Teens

Shelley Klammer, Registered Counselling Therapist, in Canada has a colorful and comprehensive website filled with expressive arts activities. The Spontaneous Art Therapy Activities page provides directions for over 20 activities to use with adolescents. See two excerpts below:

Altered Magazine Photo

Invite your teens to alter magazine photos with oil pastels and acrylic paint. Matte magazine imagery works well. Oversized fashion magazines with black and white photos can be purchased for your art group. Have magazine pages pre-cut out so that your group members do not spend group time reading the magazines. Teens love to deface photographs. This can be a therapeutic and humorous art exercise that does not require drawing or painting skills.

Doodling - Tagging

Invite your teens to create their own graffiti signature "tag" with felt pens and or paint. Tagging can be done small scale with felt pens or paints. Invite your teens to draw an outline of their initials and doodle within them. Tags can be an ongoing project especially if they are elaborately doodled.

http://www.expressiveartworkshops.com/how-to-start-your-own-art-program/spontaneous-art-therapy-activities-for-teens/
Magic of Everyday Moments

http://www.zerotothree.org/parenting-resources/MOEM/

Zero to Three produced an incredible video series called the Magic of Everyday Moments. The series includes Brain Wonders, Literacy Skills, Temperament and, my favorite, the Power of Play!

Be sure to watch these videos yourself and share the resource with parents. The information may help families navigate the stress associated with disrupted routines and holiday excitement.

Shopping for Children

Share shopping advice from childhood 101

The childhood 101 site has some sound advice to share with parents about how to select holiday gifts for children.

Go to http://childhood101.com/2013/12/how-i-am-choosing-gifts-for-my-kids-this-christmas/

Shopping with Children

This site has some great advice about ways to reduce holiday shopping stress with children in tow. The information references younger children, but most of the ideas can be adapted to fit for children of all ages and not just at holiday time!

Visit http://www.ivillage.com/how-shop-kids-stress-free/6-b-139662
APT Play Therapy Best Practice Guide

Play therapy is considered a secondary specialty which means clinicians use discipline specific codes of ethics as their primary guide. However, the Association for Play Therapy has also published a very helpful and comprehensive document for practitioners of play therapy, Play Therapy Best Practice. The manuscript is available on the APT site at http://www.a4pt.org/?page=Research

Want to learn more?


The abstract for the article reads, “Play therapists work with minor children in their practice; therefore the play therapist must be cognizant of the special circumstances under the law and major professional codes of ethics that apply to this special population. Major court cases, legislation, and critical issues are condensed in this article.”

VAPT Chapters and Chapter Chairs

Consider how you would like to exercise your creativity and enhance your work with more active engagement with your colleagues! We have VAPT chapters all around our beautiful state. The chapter chairs are area leaders in VAPT who have an interest in bringing together members and non-members in your locality to learn and play. VAPT can offer CE’s for these gatherings, when there is a topical presentation or discussion. Some chapters have been meeting for a while, some are just revving up and some are re-revving!
Let’s get busy and grow more APT and VAPT leaders!

Our VAPT strategic plan is to support the growth of play therapy chapters around the state.

Tidewater
Chairpersons Debbie Balak and Holly Tracy
dbalak@cox.net and peacebypiece@cox.net

Central Virginia
**Charlottesville VAPT** Chairperson George Enfield ghenfield@gmail.com
**Richmond VAPT** Chairperson Jan Williamson jlwilliamson@mindspring.com

Northern Virginia
**Fairfax** Chairperson Sheri Mitschelen shmitsch@verizon.net
**Gainesville** Chairperson Cathi Spooner cspooner@phoenixfamilycounseling.com

Shenandoah Valley
**Rockbridge Area** Chairperson Katie Masey kmasey@racsb.org
**Staunton** Chairperson Lisa Rochford lisa@connectedchild.info
**Harrisonburg** Chairperson Anne Stewart stewartarl@jmu.edu
**Winchester** Chairperson Carmela Crawford ccr Crawford.paw@comcast.net

South
**Forest** Chairperson Norma White norma.white@couplesandkids.com
**Roanoke** Chairpersons Jennifer Thomas and Kim Montgomery
playtherapy@verizon.net and kim@botetourtcounseling.com
Southwest
Chairpersons Donna Callis and Sydney Peltier
dcallis@CACBWCV.ORG and speltier@highlandscsb.org

Visit our VAPT Website
http://vapt.cisat.jmu.edu

LIKE the VAPT Facebook page
http://www.facebook.com/pages/Virginia-Association-for-Play-Therapy/234395618441

FOLLOW VAPT on TWITTER
https://twitter.com/VAPTPLAY

SAVE the DATE

VAPT COME PLAY with US!! Conference June 13 and 14, 2015. Harrisonburg, VA